

June 28, 2017 | Press release

## The Nordic Rye Forum

### Collaboration for innovation and research in rye

#### Formation of the Nordic Rye Forum

The Nordic Rye Forum is a platform initiated by Nordic researchers with an interest in rye and health. The Nordic Rye Forum shares novel and established results from studies on rye and health, and formulates the research and innovation topics of tomorrow. In order to translate research into healthy and tasty foods for consumers in the Nordic countries, Nordic Rye Forum includes collaboration with the major food industries with interest in rye in the Nordic region.



#### The Power of Rye - an international congress on rye and its health benefits

The conference was organized by the Nordic Rye Forum, held on June 7th and 8th, 2017 in Mariehamn, Åland Islands, Finland. The congress provided a forum for both academic research and industry to discuss the hot topics related to rye, such as the accumulating evidence on health benefits, the effect of technology and food processing, bioactive compounds, and the future of rye product development. The [programme](#) was divided into six consecutive sessions with distinct themes.

#### Launching of the Nordic Rye Forum Website

The website of the Nordic Rye Forum was launched in June 8<sup>th</sup> at the conference the Power of Rye this summer. The aim of this website is to inform the general public about results from research on the health effects of rye, and to inspire rye consumption for improved public health. The site is managed by researchers from the Nordic Rye Forum. Through this website, new research findings will be easily accessible to the general population. The information on this website is a results of independent scientific research. Website: [www.nordicryeforum.se](http://www.nordicryeforum.se)

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